



## Noga Sapir - Founder & CEO at Reflect Innovation

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In episode forty-five, we speak with **Noga Sapir** the Founder & CEO at **Reflect Innovation** about personal wellness, how they use biofeedback to aid in relaxation, and her love of knitting!

## **Health Tech Spotlight**

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Short conversations with some of the most interesting and innovative people in **Health Technology** and **Digital Health**.

Co-hosts Carlo Rich and Pat Dunn